

Projects 2023-24

Nutrition on Priority

Rotaract Club of Waknaghat engaged in an interactive session at the Jaypee University of Information Technology with the kids of the helpers at the university premises between the age groups of 0 to 12 years to make them aware of the nutrition and need to drink sufficient amounts of water for well-rounded health.

The event started with an introduction to why food is the lifeline. The evening was made even better when everyone including kids as well as grown-ups discussed their fondest food memories.

The event then proceeded to talk about nutrition and what a balanced diet looks like as a child grows up. Pamphlets about the same were handed out to the parents of those children to focus on the right nutrition and food for growing children.

Both children and their parents were very satisfied after being a part of this candid session about food, nutrition and its contribution to a child's overall growth.



Annadaan

High on the wings of the excitement of the start of new tenure but let down by the factor of distance as club members of the Rotaract Club of Waknaghat were on a semester break in terms of the college. Having said that, nothing could take away the enthusiasm from our rotaractors for this much-awaited initiative of 'Annadaan' because there's never a dull day at the Rotaract Club of Waknaghat.

Day -1

Charity begins at home, therefore, our club members started off with this initiative by donating bread, butter and raw grains such as rice, wheat, etc to their house help.

Day -2

Donations of fresh fruits, juices and sweets took place outside the Sai Temple, in Lucknow by Rtr, Anuska to help famished people, many of them sitting on the footpaths for the whole day without food, quickly fighting hunger. It was such an overwhelming experience as our club member took part in this donation drive along with her family members.

Day -3

In this rainy season, when all construction work is at halt, labourers and their families are left to fight hunger all alone. Rotaract Club of Wagnaghat conducted donation of fresh fruits, milk and bread in the slums of Prayagraj, Uttar Pradesh.

Day - 4

Feeding the cows, because animals too are fighting the battle against hunger, albeit silently. Rtr. Roodransh visited a farmhouse with his family to conduct this donation drive. It was a wholehearted effort from our club member to contribute to the wellness of these animals by feeding them.

Day - 5

Rtr. Aanchal decided to bring a smile to the faces of the children of street vendors by purchasing biscuits, chocolates and other snacks from their shops and giving it to these hungry and thirsty children. The donation was accompanied by laughter and fun games to wind up the day on a happy note.



Capturing Hope: Lens of Change

Wielding a camera can be a tool for transformation. For photography, several categories were provided and participants had to send in entries that evoked emotions of their respective kind. The best entries will be featured on the club's social media handle and will be given an exciting prize.



किताबें और कलमें (Books and Pens)

In consistency with the monthly theme of Back to School, the Rotaract Club of Wagnaghat witnessed किताबें और कलमें, a wholehearted attempt to go back to a primary school, spend time with children and teach some basics to the children like chanting tables with them, writing letters and making envelopes in an enjoyable manner.



Reforesting Hope

This event was about planting new plants. The participating clubs were asked to plant at least 5 plants per club. Our club participated in this event by planting 5 plants and contributed towards this amazing event and at the end of the event we had a virtual letterhead exchange with the organising club.

7 Random Acts of Kindness

In this event members from the club had to perform any random act of kindness like giving gifts to someone, planting a tree, watering the plant, feeding birds etc. Our club participated in it by performing the act of planting a sapling and submitting the pictures as an entry to the event.

Hack-a-Care: Hackathon for a Cause

In consistency with the monthly theme of One for All- All for One, the Rotaract Club of Wagnaghat witnessed one of the largest hackathons on the campus of Jaypee University of Information Technology. One of its kind of hackathon was pivoted around the domains of agriculture, education, healthcare and environment to inculcate skill development at the grassroots level.



Blood Donation Camp

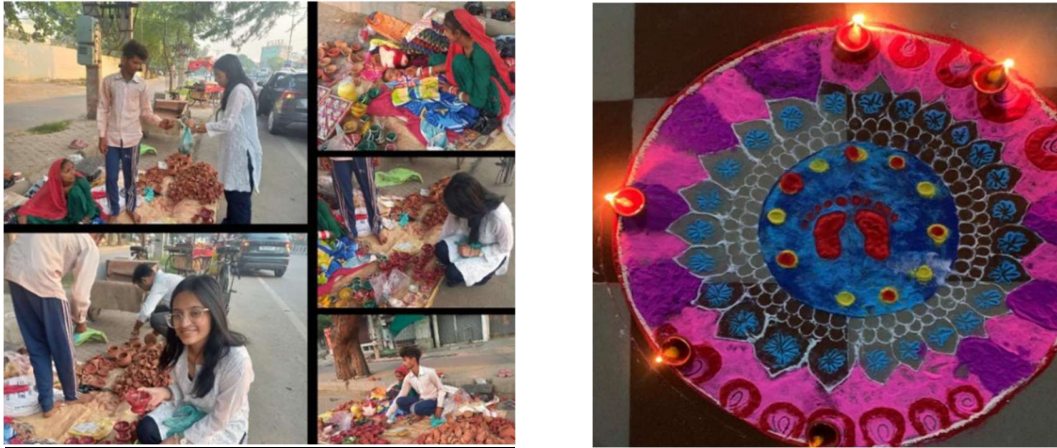
Rotaract Club of Wagnaghat showed great enthusiasm to voluntarily not just donate blood but also encourage others to be donors at the Blood Donation Camp organised by the parent Rotary, the Rotary Club of Shimla.



खुशियों की सौगात (Diwali Celebration)

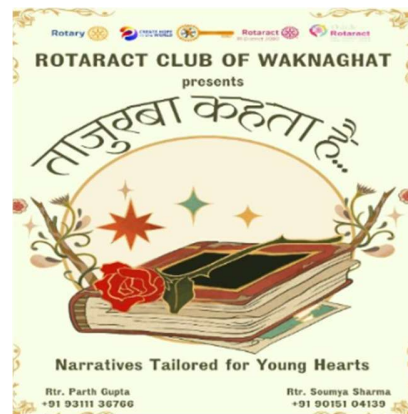
Rotaract Club of Wagnaghat organised 'खुशियों की सौगात', an attempt to make Diwali, a festival of lights, greener, happier and prosperous for everyone. From extending support to local vendors to saying no to

crackers, this Diwali, the Rotaract Club of Wagnaghat strived to make Diwali, an occasion of bringing light to other people's lives.



तजुर्बा कहता है: Collection Phase

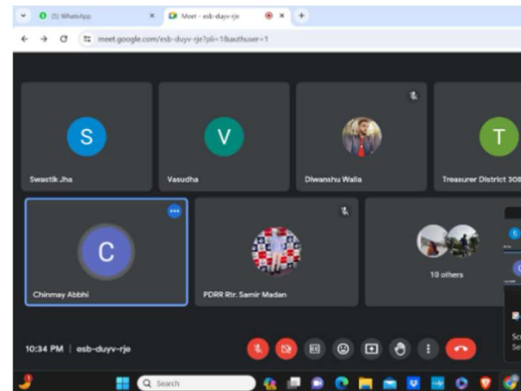
Rotaract Club of Wagnaghat's " तजुर्बा कहता है: Collection Phase " initiative not only celebrated Novel Writing Month but also embraced the essence of Children's Day in a unique and impactful way. By collecting and compiling stories from old age homes, the club created a literary treasure that not only celebrated the diversity of our nation but also fostered a deep and meaningful connection between generations. This initiative is more than just an event; it is a celebration of stories, wisdom, and the enduring spirit of storytelling.



Cigarette Bud Collection Drive

The Rotaract Club of Wagnaghat took the initiative on a district level to convert useless loads of cigarette buds lying around as a land pollutant into something useful and one that can be donated to people in need. Therefore, the event started with a vivid discussion of the harmful effects of Dr. Amrita Bharti, an esteemed

guest speaker and a general medical practitioner for the last 18 years. Subsequently, the collected buds will be reused to make cushions and will be donated to the homeless.



Back to Square One (Udaan Project Launch)

Rotaract Club of Wagnaghat welcomed its charter president, Rtn. Arunima Sharma, an alumna of the Jaypee University of Information Technology and a co-founder of Vyaktitva Foundation, a Non-Profit Organization with a focus on Empowerment, Education and the Environment. The event formed the cornerstone of the launch of 'Udaan', a nationwide project focused on handling adolescent issues such as substance use, anxiety, depression, self-image issues and peer pressure.



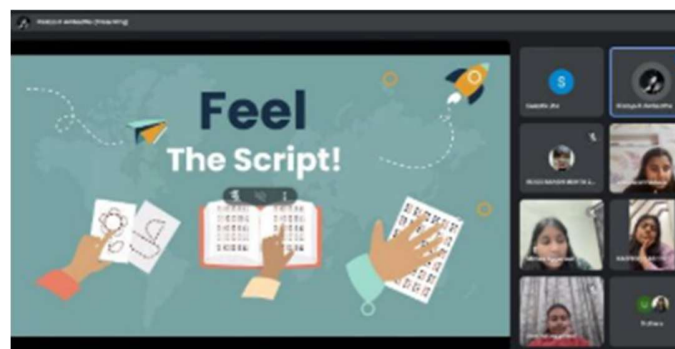
Threads of Hope: Cloth Donation Drive

Rotaract Club of Wagnaghat with their hearts filled with compassion and a desire to give to the underprivileged a gift of a smile on their faces through a Cloth Donation Drive. Club members did try to give a message of hope along with each cloth donated and spent some very quality time with house help, their children, vendors on the street, factory workers and their families. It was a sincere effort from the Rotaract Club of Wagnaghat's end to weave hope into underprivileged people's lives one thread at a time as the world prepared to enter the year 2024.



Feel the Script

The Rotaract Club of Wagnaghat organised on the occasion of World Braille Day, an event which called upon meaningful discussions around the contribution of braille as a language in empowering the deaf and the blind in our society. The event also focused on Rotaractors learning two cents of the Braille language and a fun exercise of writing down expressions using the Braille Simulator.





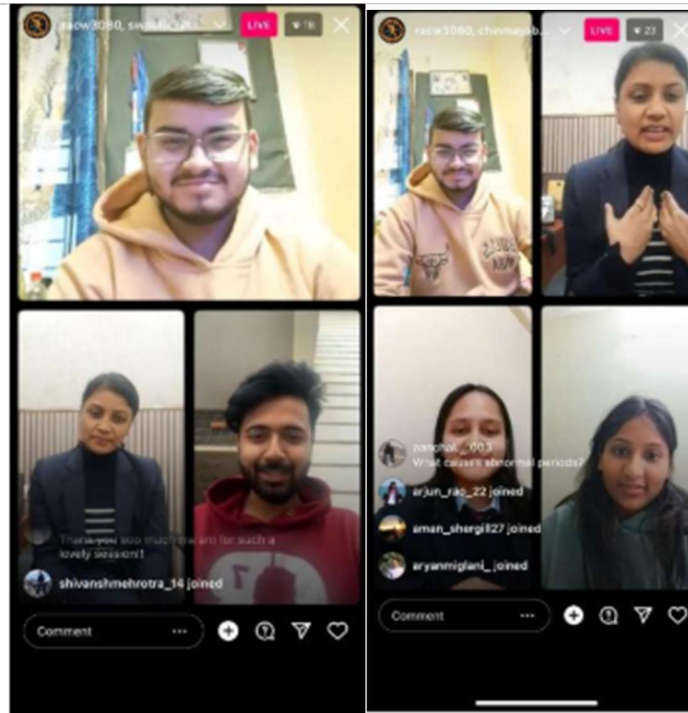
Shukrana

The Rotaract Club of Wagnaghat organised 'Shukrana', a way of gratefulness to God by enthusiastic celebration of the harvest festivals of Lohri and Makar Sankranti. Members of the Rotaract Club of Wagnaghat were encouraged to share the joy of these festivals with the people who were far away from their families by spending time with them and sharing sweets. Glimpses of such heartwarming celebrations were shared later in the form of pictures, videos and stories on the social media handle of the Rotaract Club of Wagnaghat.



Cramp the Stigma

The Rotaract Club of Wagnaghat conducted an Instagram Live session with Dr. Puja Sharma, a renowned Obstetrician & Gynecologist on the myths and questions surrounding menstruation flow. The event aimed at shedding the label of stigma surrounding menstruation as a whole and sought to answer the questions by not just the ones experiencing menstruation but also men and boys on how to not take menstruation as a disease but to be informed enough to help those who may require considerate support during their menstrual cycle.



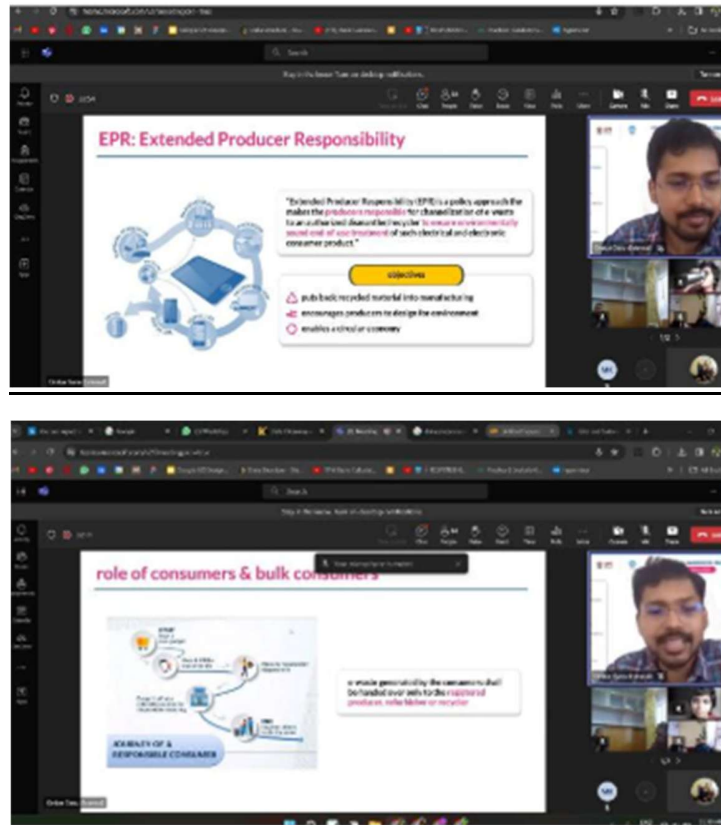
E-Waste Encore

The Rotaract Club of Wagnaghat came up with yet another initiative to lead the world on the path of a sustainable future by inviting the students, staff and faculty members of the Jaypee University of Information Technology, Wagnaghat to take part in an E-Waste Collection Drive, by contributing old appliances to something as basic as cables that cannot be put to use anymore. The initiative aims to convert all the collected e-waste materials into something useful through the principle of reuse and recycling.



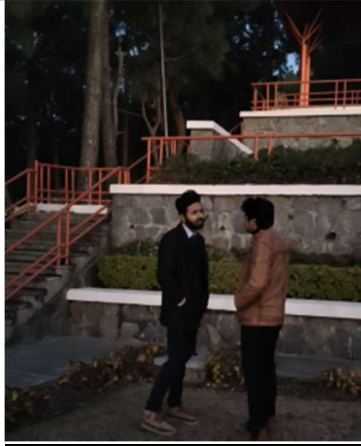
Mega E-Waste Awareness Campaign

The Rotaract Club of Wagnaghat organised the Mega E-Waste Awareness Campaign in collaboration with Karo Sambhav and in the presence of the members of the Himachal Pradesh State Pollution Control Board (HPPCB) to create meaningful dialogue around the importance of responsible disposal of e-waste.



Act for Life: Battle Against Cancer (Part 1)

The Rotaract Club of Wagnaghat started shooting a short film based on the battle against cancer. The method of storytelling is chosen for this all-important subject to easily reach the hearts and capture the minds of the people to get the ball rolling to start the fight against the disease. The short film is slated to be released on Instagram and thus, the power of social media will be leveraged to spread the message. The club members, in the process of making the film, have also polished up their acting skills and showcased their talent in script writing. Part 1 of the short film is successfully shot with the second half in progress and compilation on its way.



Whispering Wisdom

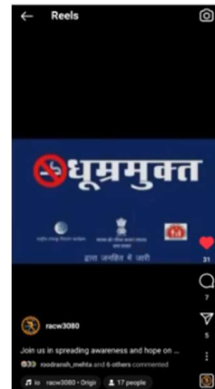
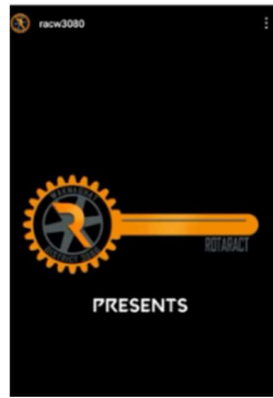
The Rotaract Club of Wagnaghat started a crucial dialogue on spreading awareness about women's menstrual health to create opportunities for any female to lead a healthy life by maintaining hygiene practices during the menstrual cycle. The need to spread the word about the proper usage of sanitary napkins and not just any cloth during the menstruating days can save a female from a host of diseases and infections. The club members interacted with young girls at a secondary school and also with the helpers back at the girl's hostel which was followed by the sanitary napkin donation where the napkins were collected from the girl's hostel itself at the Jaypee University of Information Technology.



Act for Life: Battle Against Cancer (Part 2)

The Rotaract Club of Wagnaghat completed shooting a short film based on the battle against cancer. The method of storytelling was chosen for this all-important subject to easily reach the hearts and capture the minds of the people to get the ball rolling to start the fight against the disease. The short film was released on Instagram and thus, the power of social media was leveraged to spread the message. The club members, in the process of making the film, also polished up their acting skills and showcased their talent in script

writing. Part 2 of the short film was successfully shot and the outcome has won many hearts ever since on Instagram.



Letter to God

The Rotaract Club of Wagnaghat organized Letter to God, a heartfelt event where children at a secondary school in Domehar were given a platform to write letters to the almighty God expressing their wishes and innermost desires. The children, as innocent and kind, as they are known to be, came up with lovely pieces of letters where each letter provided a sneak peek into the hearts of the children. Letters were love poured on a piece of paper where children sought simple joys of life from God. Pencil pouches were distributed among all the kids as memorabilia of the fun-filled day to round of the day.



स्वशक्ति (Swashakti)

The Rotaract Club of Wagnaghat came up with the initiative स्वशक्ति to gather women from all walks of life be it female helpers, to female security guards as well as the warden of the girl's hostel at the Jaypee University of Information Technology, Wagnaghat to start a dialogue about wellness, struggles in life, need for women to prioritize themselves whilst taking care of their families and ignite the power that lies well inside the women themselves to become self-empowered.



Social Tank

The Rotaract Club of Wagnaghat witnessed the Social Tank as a part of Rotaverse 2k24 which provided a platform for teams representing various non-governmental organizations (NGOs) to pitch their corporate social responsibility (CSR) ideas to esteemed judges representing companies like Reliance Industries Limited, Tata Group, Infosys, Wipro Limited, and Mahindra Group as focal points, aimed at fostering collaboration and innovation in addressing social and environmental challenges. The event provided a much-needed platform for participants to come forward and showcase their entrepreneurship whilst brainstorming to contribute their bit to solve issues of social importance.



Uphaar: Mega Stationary Donation Drive

The Rotaract Club of Wagnaghat started by pledging support to collect stationery items for 'Uphaar: Mega Stationary Donation Drive', as a host club for Zone 1 for the initiative by District Organization 3080. The voluntary donations were collected from the members of the Rotaract Club of Wagnaghat followed by a generous donation of stationery items by the Rotary Club of Shimla



Trash Trek

The Rotaract Club of Wagnaghat organized Trash Trek, a cleanliness drive cum trek, to the scenic hilltop near JUIT. This initiative aimed to address the issue of waste accumulation in the areas where people go for leisure, but very often the cleanliness of these spots is largely neglected. To promote environmental responsibility within the community, rotaractors engaged in a challenging yet rewarding climb to the hilltop, where they responsibly collected and disposed of litter. Hence, this effort contributed to a cleaner and healthier environment for all starting with our very own surroundings.



Seed the Change

The Rotaract Club of Wagnaghat witnessed Seed the Change, a tree plantation drive. The event was not just about planting a sapling but a pledge by the rotaractors to plant at least one sapling every month, fostering a spirit of protecting our cherished natural world. The rotaractors prepared the soil for plantation, planted the sapling, watered it well, and pledged to take care of it on its course to become a tree from a sapling.



Heartfelt Handoff

The Rotaract Club of Wagnaghat organized a donation drive, Heartfelt Handoff, aimed at utilizing resources for the best of the community. Final-year students from the Jaypee University of Information Technology generously donated used items like books, clothes, shoes, and household goods (e.g., buckets) that they no longer required. The collected items will be distributed to those in need, ensuring they receive a helping hand. This initiative fostered a spirit of community and social responsibility amongst the graduating class, leaving a positive impact.



तजुर्बा कहता है – The Book Unveil

Rotaract Club of Wagnaghat officially unveiled the book - तजुर्बा कहता है in the presence of the esteemed DRR, DRR Elect and a host of respected Rotarians as dignitaries during the District Awards 2024.

